

DUNLAP SCHOOL DISTRICT 323

000370 - MEATBALL SUB/ BUN :

HACCP Process: #2 Same Day Service

Number of Portions: 1

Size of Portions: 2.5 OZ SERVING

Alternate Recipe Name:

P/G: MEATBALL SUB

095395 Meatball,Italian style:INT'L MULTIFOOD #.....	1 EA. 2.0oz
104152 MARINARA SAUCE.....	1 1/3 ozs
902681 BUN, HOT DOG WHEAT WHL 12-12CT GFS...	1 BUN
001028 CHEESE,MOZZARELLA,PART SKIM MILK.....	1/2 oz

*Nutrients are based upon 1 Portion Size (2.5 OZ SERVING)

Calories	323 kcal	Cholesterol	*9* mg	Sugars	*0.2* g	Calcium	*137.91* mg	45.13%	Calories from Total Fat
Total Fat	16.21 g	Sodium	777 mg	Protein	18.85 g	Iron	*1.69* mg	*4.32%*	Calories from Sat Fat
Sat Fat	*1.55* g	Carbs	25.65 g	Vitamin A	*342.8* IU	Water ¹	*7.62* g	*0.00%*	Calories from Trans Fat
Trans Fat ²	*0.00* g	D. Fiber	*4.64* g	Vitamin C	*5.2* mg	Ash ¹	*0.46* g	31.73%	Calories from Carbs
								23.32%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.