



Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

Product Name: Triple Berry Smart Snack Code: 1190240

Manufacturer: Jonny Pops, LLC Serving Size: 1 pop (1.55 oz)

I. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Servings Per Unit	Creditable Amount ¹ (quarter cups)
Strawberries, frozen (<i>Whole, Grade A, Unsweetened, Individually-quick-frozen</i>)	.5084 oz	X	11.90/16= 0.7438	0.3781
Blueberries, frozen (<i>Unsweetened, Whole, Individually-quick-frozen</i>)	.1648 oz	X	11.90/16= 0.7438	0.1226
Raspberries, frozen (<i>Red, Whole, Unsweetened, Grade A, Individually-quick-frozen</i>)	.0776 oz	X	12.50/16= 0.7813	0.0606
Total Creditable Fruit Amount:				0.5613

- ¹FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least 1/8 cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, 1/2 cup raisins credits as 1 cup fruit).

<u>Quarter Cup to Cup Conversions*</u>
0.5 Quarter Cups = 1/4 Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate
1.0 Quarter Cups = 1/2 Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate
1.5 Quarter Cups = 3/4 Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate
2.0 Quarter Cups = 1/2 Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate
2.5 Quarter Cups = 5/8 Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate
3.0 Quarter Cups = 3/4 Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate
3.5 Quarter Cups = 7/8 Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate
4.0 Quarter Cups = 1 Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate
*The result of 0.9999 equals 1/4 cup but a result of 1.0 equals 1/2 cup



II. Smart Snacks Compliance Statement

Guideline	USDA Smart Snack Threshold	JonnyPops Triple Berry
Calories	200 or less	50 cal
Sodium	200mg or less	25 mg
Total Fat	35% of Cal or less	10% of Cal
Saturated Fat %	10% of Cal or less	0% of Cal
Trans Fat	0g	0g
Sugar	35% or less by weight	23%
Caffeine		No Caffeine
First Ingredient		Fruit

THIS PRODUCT IS COMPLIANT WITH USDA'S SMART SNACK RULE FOR ALL GRADE LEVELS

I. Nutritional Panel and Ingredient Statement

Nutrition Facts	
Serving Size 1 Pop (44g)	
Amount Per Serving	
Calories 50	Calories from Fat 5
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 10g	
Protein 1g	
Vitamin A 0%	• Vitamin C 10%
Calcium 2%	• Iron 0%
<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	

Ingredients: Strawberries, Skim Milk, Sugar, Blueberries, Raspberries, Cream, Salt.

Contains: Milk



JonnyPops

FROZEN GOODNESS

We, JonnyPops, certify that the percentage of U.S. content in our Strawberry Banana Smart Snack (1190150) has at least 90% US content.

I certify the above information is true and correct and that 1 (1.55 oz) serving of the above product contains 1/8 cup(s) of fruit.

Paige Lindquist
Signature

Quality Technician
Title

Paige Lindquist
Printed Name

3-22-2018
Date

(952)-217-3947
Phone Number