

DUNLAP SCHOOL DISTRICT 323

000347 - CHICKEN & NOODLES : M.H.	Attributes
HACCP Process: No HACCP Process Number of Portions: 200 Size of Portion: 1 CUP SERVINGS Alternate Recipe Name: PG: CHICKEN & NOODLES	

Ingredients	Measures	Instructions
005126 CHICKEN,STEWING,MEAT ONLY,CKD,STWD...	20 LBS (ckd wgt,e/p)	
020310 NOODLES,EGG,CKD,ENR,W/ SALT.....	20 lbs	
095505 Chicken Base,Gold Label:CUSTOM.....	2 lbs	
097614 Chicken Gravy,DRY:NIFDA #12111.....	2 lbs + 13 1/4 ozs	
000006 SOUP,CREAM OF CHICKEN,CONDENSED.....	5 #3 CYL.	
014429 WATER,MUNICIPAL.....	10 gals	
002030 PEPPER,BLACK.....	1 Tbsp	
002047 SALT,TABLE.....	2 Tbsp	

*Nutrients are based upon 1 Portion Size (1 CUP SERVINGS)

Calories	236 kcal	Cholesterol	*54* mg	Sugars	*0.2* g	Calcium	*27.14* mg	35.61%	Calories from Total Fat
Total Fat	9.34 g	Sodium	778 mg	Protein	18.09 g	Iron	*1.50* mg	*8.38%*	Calories from Saturated Fat
Saturated Fat	*2.20* g	Carbohydrates	18.94 g	Vitamin A	*223.5* IU	Water ¹	309.92 g	*0.03%*	Calories from Trans Fat
Trans Fat ²	*0.01* g	Dietary Fiber	*0.62* g	Vitamin C	*0.1* mg	Ash ¹	3.61 g	32.08%	Calories from Carbohydrates
								30.64%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.