



Dunlap High School Pool Swim Lessons for Summer 2009

With summer quickly approaching, it's that time again. Sign up for summer swim lessons at Dunlap High School. Our lessons are offered to children ages 3 and up. Below are the available dates and times for classes.

All sessions will run for 2 weeks. Lessons will be on Monday, Tuesday, Wednesday, and Thursday of each week for a half an hour a day. If you are interested, please mark the time slot and sessions and return this form and payment to **Pool Manager**, Dunlap High School, 5220 W. Legion Hall Road, Dunlap, IL 61525 by **Friday, May 22**.

Classes are on a first come first serve basis, so please mark 2 time slots you could attend in the case that your first choice is full. All classes are \$36 a session. Please enclose a check made payable to Dunlap High School when you return your registration form. You will be notified as to your time once all registrations are taken.

Session I: June 8 - June 18

9-9:30 _____
9:40-10:10 _____
10:20-10:50 _____
11 - 11:30 _____
11:40 - 12:10 _____

Session II: June 22 - July 2

9-9:30 _____
9:40-10:10 _____
10:20-10:50 _____
11 - 11:30 _____
11:40 - 12:10 _____

Session III: July 6 - July 16

9-9:30 _____
9:40-10:10 _____
10:20-10:50 _____
11 - 11:30 _____
11:40 - 12:10 _____

Session IV: July 27 - Aug 6

9-9:30 _____
9:40-10:10 _____
10:20-10:50 _____
11 - 11:30 _____
11:40 - 12:10 _____

(Please Print)

Parent/Guardian Name(s): _____

Childs Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Cell Phone: (____) _____

Emergency Contact: _____ Relationship _____

Emergency Phone Number: (____) _____

Child's swimming ability- Please check one description below that best describes your child.

Ages 3-5:

_____ Preschool Paddlers: any children that are 3-5

Ages 6-13:

_____ Level 1- This class is for the beginning swimmer. They will learn to be more comfortable going under water, doing front and back floats, and front and back glides.

_____ Level 2- This class is for the child who can float by themselves and they are ready for stroke development. They will learn to swim freestyle with rotary breathing and backstroke.

_____ Level 3- This class is for the child who can swim freestyle with breathing and backstroke on their own. They will learn to swim for longer distance, breast stroke, elementary backstroke, and to do kneel dives and introduce standing dives.

_____ Level 4- This class is for the child who can swim freestyle with breathing, backstroke, breast stroke, and elementary backstroke. They will practice swimming for distance along with learning side stroke, butterfly, and dives.

ALL QUESTIONS REGARDING SWIM LESSONS CAN BE DIRECTED TO JAMIE HUBER AT: stenger11@hotmail.com